

Market Hall lunch

A flexible, individual and inspiring
lunch experience every day



Powerbowls

- ● Lemon-baked chicken with marinated summer cabbage, baked beets, peas and mini carrots. Topped with roasted seeds and herbs. Served with mustard vinaigrette. (9,11,13,15)
- ● BBQ grilled beef with marinated summer cabbage, baked beets, peas and mini carrots. Topped with roasted seeds and herbs. Served with mustard vinaigrette. (9,11,13,15)

Bowls

- ● Lemon-baked chicken with red lentils, baby spinach, bell pepper, green asparagus, squash and salted almonds. Served with pesto. (6,9,15)
- ● BBQ grilled beef with red lentils, baby spinach, peppers, green asparagus, squash and salted almonds. Served with pesto. (6,9,15)
- ● Teriyaki baked salmon with chili/lime marinated rice, edamame beans, spring onion, red pepper and bean sprouts. Served with peanut butter dressing. (1,3,4,7,13)
- ● Grilled halloumi, new Danish potatoes tossed in olive oil, dill, peas, green asparagus, cherry tomatoes, radishes and pickled red onions. (6,13,15)
- ● Pea spread with mint, new Danish potatoes tossed in olive oil, dill, peas, green asparagus, cherry tomatoes, radishes and pickled red onions. (13,15)



● Vegetarian | ● Vegan | ● Lactose free | ● Gluten free

Jespers Torvekøkken

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Cake of the week is included no matter which lunch you choose.

Open sandwiches, 2 pieces

- Fish fillet with remoulade, lemon and dill.
Eggs and prawns with mayonnaise, lemon, tomato and watercress. (1,2,3,5,11,13)
- "Veterinarians night food" with cloud and red onion.
Potato with bacon, mayonnaise, red onion and herbs. (1,2,6,7,11,13)
- Veal breast with pickles and horseradish.
Egg and tomato with mayonnaise and chives. (1,2,6,11,13)
- Sausage roll with Italian salad and red onion.
Chicken salad with bacon and pickled mushrooms. (1,2,6,11,13)
- Eggs and prawns with mayonnaise, tomato, lemon and watercress.
The topping of the day. (1-15)
- Fish fillet with remoulade, lemon and dill.
The cold cuts of the day. (1-15)
- The kitchens choice of open sandwiches. (1-15)
- Gluten-lactose free open sandwich of the day. (2,3,4,5,7,8,9,11,12,13,14,15)
- Vegan open sandwich of the day. (1,4,7,8,9,11,12,13,15)
- Vegetarian open sandwich of the day. (1,2,4,6,7,8,9,11,12,13,15)

Sandwiches

- Chicken and bacon with semidried tomatoes, cucumber, rucola and pesto. (1,6,11,13,15)
- Veal breast with scallions, pickled cucumber, rucola and mustard cream. (1,6,11,13)
- Fennel salami, grilled pimento, olives, rucola and pesto. (1,6,15)
- Steak with béarnaise cream, roasted onions, pickled red onions and salad. (1,11,13)
- Gluten-lactose free sandwich of the day. (2,3,4,7,8,9,10,11,12,13,14,15)
- Vegan sandwich of the day. (1,4,7,8,9,10,11,12,13,15)

Ryebread sandwiches

- Ham with cottage cheese, spinach, pickled red onions and herbs. (1,6,13)
- Cold smoked salmon with spinach, dill, lemon, pickled red onions and fresh cheese. (1,3,6,13)
- Tuna salad with red onion, pepper and mayonnaise. Served with egg, tomato and cucumber. (1,2,3,6,11,13)
- Vegetarian ryebread sandwich of the day. (1,2,4,6,7,8,9,11,12,13,15)

Tapas

- Two types of Italian salami and two types of cheese both with the kitchen's choice of spread. Served with focaccia bread with herbs and flake salt. (1-15)

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Warm portions dish

You can also choose one of our warm portions dish. You can choose from our favourite, vegetarian, vegan, gluten/lactose free and halal menu.

Market hall lunch

Cake every thursday



Portions dish



Order from day to day



Free of choice



From only 1 person



Contact us

Do you have further questions, please contact us on:

@ torvekoekken@torvekoekken.dk

☎ 70 22 82 12



All lunch packages follow the normal price. We also offer vegetarian, vegan, gluten-lactose free or halal.